

Watershed News

THE PISCATAQUOG WATERSHED ASSOCIATION NEWSLETTER



Middle Branch Farm, a 2007 PWA Business sponsor (Photo: Pat Nelson)

Most of PWA's conservation stories focus on protecting land through conservation easements and outright ownership. But sometimes just keeping the land in production, whether for growing food or fuel, is the most viable way to maintain open space.

Dave Trumble, who farms PWA-easement protected land in Weare, believes that agriculture is "kind of a cousin of conservation" since farming ensures that the land is being worked rather than developed.

New Hampshire enjoys a rich farming tradition that has benefited the state since the Revolution, even though farming is not an easy task here, as the hundreds of stone walls throughout New Hampshire attest. Someone once told New Boston farmer and PWA business member Roger Noonan, "Nothing is grown in New Hampshire that can't be grown somewhere else cheaper and faster." Although New Hampshire does not have the soils for huge commodity farms, the NH Farm Bureau attributes over \$450 million of the state's economy to farm-related activities.

Today there are many opportunities for consumers to support local agriculture and, by buying locally, open space. In the mid-1990s, there were only a dozen or so farmers' markets in the state, but there are now more than 60 throughout New Hampshire! Several watershed communities have farmers' markets, where products as varied as worms, fresh fruit, and live roosters are sold. Farmers' markets are not restricted to more rural communities; in fact, over the past several years Manchester's farmers' market has become a summer-time tradition.

Community Supported Agriculture (CSA) is another way for people to enjoy local produce and connect to the Piscataquog watershed. CSA farms depend on community members to buy shares in the farm prior to each growing season. This investment allows farmers like Roger Noonan of Middle Branch Farm to "go into the season with cash on hand and enough capital to buy the seed if enough people pay early." Dave Trumble, part of a collective CSA in Concord, attributes his farm's ability to produce a niche crop to CSAs. Since "everybody in the group sort of specializes," each farm can branch out and grow four or five things intensively. Trumble's Good Earth Farm now specializes in greenhouse tomatoes and different root crops – something that might not have been possible otherwise.

For their investment, CSA shareholders receive a set amount of the produce grown by the farm. Involvement with CSA farms allows the shareholders to develop a connection with their food and a deeper understanding of the agricultural heritage of the community. As Roger Noonan explains, "CSAs want people to be connected to the farm and the people who grow their food."

At a time when carbon footprints and greenhouse emissions are important considerations, buying locally grown produce in season is a much more environmentally responsible choice than buying out-of-season produce flown to the grocery store from exotic locales.

This summer, rather than depend solely on the grocery store for your fruits, meats, dairy products, and vegetables, take advantage of the productivity of farms in the Piscataquog watershed! (*See a list of farms on page 5.*) Terry Knowles, a PWA member who sells maple sugar products online suggests that watershed residents also check out www.nhmade.com as a useful resource for finding local products.

What better way to celebrate the land and keep it open than by supporting community growers and receiving high quality food!

Erin Kane is a sophomore at Washington University in St. Louis, where she plans to major in Anthropology and Environmental Studies. She lives in Manchester and is an intern with the PWA this summer.



TO CONSERVE

the natural and scenic environment of the Piscataquog River Watershed communities:
Deering ~ Dunbarton ~ Frankestown ~ Goffstown ~ Greenfield ~ Henniker
Lyndeborough ~ Manchester ~ Mont Vernon ~ New Boston ~ Weare

PWA

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Keeping Track

Barbara Thomson



FROM THE EXECUTIVE DIRECTOR'S DESK

by Margaret Watkins

One of the best aspects to life at the PWA is the people who make PWA the organization it is. In this issue of *Watershed News* you will "meet" three students who have contributed to PWA's

work and mission while deepening their understanding of nature conservation. **Ian Peach** spent last summer hiking and writing a PWA guide to 13 hikes in the Piscataquog Region. He also raised seed money for the guide's production this summer – a not to be missed publication! **Clint Davis** focused his senior project at the Derryfield School on water monitoring activities in support of his true interest, fly fishing, which he shared with others in a workshop in June. **Erin Kane's** passion is primates; however, as a PWA intern, she is focusing on easement stewardship, grant writing, and other writing projects. We are grateful for these students' time and talent!

You will also "meet" those individuals who have shown a special commitment to the PWA as an organization by gifting land in furtherance of our mission or by remembering the PWA through their wills or other planned gifts. These extraordinary friends are the Charter Members of The Piscataquog Legacy Society (members as of May 2007).

Our cover story features local PWA-member farmers whom you might meet. Our watershed landscape would not be the same without them. Farms nurture our lives in many ways – not only for the products they produce, but also by keeping the land productive in a natural way so that it doesn't sprout houses instead!

And finally, you will reconnect with the people who people every issue – PWA's board and committee members, new and renewing members, volunteers, friends, and collaborators.

Individually and collectively, this is a powerful group, of which you are a part.

Coming Soon! New PWA Trail Guide!



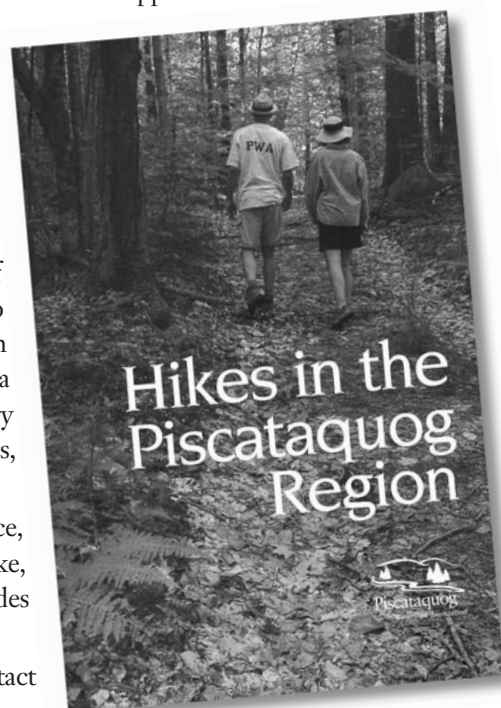
Ian Peach
(Photo: Pat Nelson)

Just in time for the best hiking weather, PWA is publishing a trail guide of 13 hikes in the watershed region. This project was born when PWA member Carol Hess approached her neighbor, Ian Peach, with the idea last summer. Ian, a senior at Middlebury College, grew up in New Boston and has been hiking the watershed since childhood. He relished the prospect of spending the summer outdoors, and set off every day with his dog, Jig, to explore new and old trails. Ian also applied for and received a

grant from The Alliance for Civic Engagement at Middlebury to partially fund the project. With the help of other supporters, this seed has now come to fruition.

The guide is written with a poet-naturalist's sensibility and grace, inviting the reader to notice the special features of each hike, down to the smallest leaf or watershed resident. It also includes numerous photos and a map for each trail.

Watch for *Hikes in the Piscataquog Region* in local stores or contact the PWA for a copy.



Piscataquog Legacy Society Charter Members Announced

by John McCausland

At the heart of everything PWA does is the idea of conservation – preserving our most precious natural heritage inviolate for future generations. To conserve: when you think about it, you can see how important that concept is as we look to a future fraught with challenges and changes.

To ensure our protected lands are indeed conserved, the PWA must build not only strong conservation programs for today but also a strong and enduring stewardship program for tomorrow, backed by reserves adequate to defend conserved land against any future challenges. The Piscataquog Legacy Society serves these critical present and future needs. Legacy Society gifts consist of fee donations of land and bequests of money or land made in wills and trusts. Those making such gifts and bequests are recognized as Legacy Society members.

Charter Members are those who joined the Society during its first year. They were recognized at a gathering this spring organized by Carol Hess and hosted by Jerry and Carolyn Shinn.

We thank and celebrate the following Charter Members of the Piscataquog Legacy Society:



LEGACY SOCIETY

To these individuals

PWA owes a great
debt of gratitude.

Jeffrey & Wendy Baron
Roland Barnard
Mary Bunting-Smith*
Jed Callen & Carol Hess
Irene & Robert* Colburn
Martha Colburn
Richard Daggy*
Barbara Gannon
Elizabeth Hughes
John & Anne McCausland
Pat Nelson
Gordon & Barbara Russell
Nora & John* Tuthill
Anonymous (2)

**deceased*

To these individuals PWA owes a debt of gratitude. Their leadership and commitment are heartening and, we hope, inspirational for others! For more information or to discuss the Legacy Society, please contact John McCausland (529-4740) or Margaret Watkins (487-3331).

Sampling Water Quality, Identifying Bugs, and Fly Fishing: All in an Intern's Work

by Clint Davis

Without a doubt, the time I spent as an intern with PWA over five weeks in April and May has taught me more than any class could have in the same time frame. By opting to do an Independent Senior Project (ISP) I made arguably the best decision of my academic career at the Derryfield School.

Statistically speaking, I have met and exceeded all my expectations. I put in more time than I had planned, and have gathered invaluable water quality data for the PWA that had not been collected previously at this time of year. I spent more than 100 hours out on the rivers collecting and recording samples.

My work has introduced me to some incredible people. My onsite advisor, Paula Bellemore, has done a simply excellent job. She was the catalyst for my work. Gerry King, whom I worked with on the Adopt-a-Salmon program, was just a great guy; as well as Jim Orr, who helped me prepare an Introduction to Fly Fishing workshop cosponsored by PWA and hosted by Crotched Mountain Rehabilitation Center. Finally, thanks to Dr. Barry Wicklow, who taught me the basics of lab identification and macro invertebrate collection. This aspect of my ISP was probably the most exciting. Barry's teaching me all the different insects that are found in our waters, as well as how they are indicators of a particular river's health, was fascinating and enriching. It also gave me insight into the kind of work that goes on in a biology lab. This is what I want to do in college, so my time in the lab proved invaluable.

I admire what the PWA does and am glad to have contributed in some way. Thank you to everyone who helped make this possible.

Local Conservationist HONORED



Dr. Barry Wicklow, left, accepts NH Audubon's 2007 Tudor Richards Award from the award's namesake. Barry was recognized for his commitment to conservation, which he manifests not only as a teacher at St. Anselm College, but also as a volunteer for PWA and Frankestown Land Trust.

(Photo: J. Klett, NH Audubon)

Statement of Operating Activities - Unaudited Period ending December 31, 2006

Revenue

Annual Fund	51,170
Membership	17,400
Grants	6,100
Interest Income	1,132
Miscellaneous	4,708
Total Revenue	80,510

Expenses

Dues & Memberships	1,170
Insurance	3,400
Office Expenses	6,326
Outreach & Development	4,367
Professional Services	2,500
Programs:	
Invasive Species	204
Land Projects	9,922
Water Quality	310
Property Taxes	347
Rent & Utilities	5,166
Wages, taxes, benefits	89,529
Obligations	449
Total Expenses	123,690

Surplus (Deficit) (43,180)

Note: An operating surplus of \$42,795 in 2005 and an operating deficit of \$43,180 in 2006 resulted in a 2-year operating deficit of \$395.

Statement of Financial Position – Unaudited As of December 31, 2006

Assets

Checking & Savings	48,004
Certificate of Deposit	11,644
Accounts Receivable	10,428
Grant Receivable	101,286†
Investments – Fidelity	387,124
Land	765,801
Furniture & Fixtures depreciated	171
Total Assets	1,324,458

Liabilities & Net Assets

Liabilities

Current Liabilities	36,232
Long-term Liabilities	209,913†
Total Liabilities	246,145

Net Assets

Land	765,801
Unrestricted	99,138
Board Designated – Stewardship	82,826
Temp. Restricted – Stewardship	36,620
Other	76,467††
Permanently Restricted	17,461

Total Net Assets 1,078,313

Total Liabilities & Net Assets 1,324,458

† Multiyear commitment (Hall project); fundraising is ongoing.

†† Conservation projects (68,846); Programs (5,621);

Legacy Society (2,000).

PWA Wish List

URGENT: One-way or round trip airfare miles to Denver, CO, for Land Trust Rally in October.

Two 6' folding tables, lightweight, for use at fairs & public events.

Sturdy office chairs for staff & volunteers.

And remember, all gifts are tax-deductible!

PWA thanks the following members for their support!

Welcome to Our New Members! (as of July 1st)

FRANCESTOWN

Danielle M'Sadoques

GOFFSTOWN

David MacEachran
David Pierce

LYNDEBOROUGH

Janet & Robert Lewis

NEW BOSTON

Molly A. Poole & James Hands**
Danielle Wayland & Family

WEARE

Andrea Alderman
John & Patricia McAllister

OTHER NH TOWNS

Peter & Dorothy Helm, Contoocook*
The Hagstrom Family, Hillsboro

OTHER STATES

Hal & Anita Conklin & Family, Groton, MA

Member Renewals (as of July 1st)

DUNBARTON

Marilyn Greenhalge
Dr. Dennis Card & Dr. Maureen McCarty**
Susanne Kibler-Hacker
Lois Richards

FRANCESTOWN

Bib & Verna Gregg Elliott
Betsy Hardwick & Jeff Tarr
Matt & Janet Lewis**
Pat Nelson
Lawrence & Diane Savage**
Guy Swenson & Mary Lindstrom**
Christine & Thomas Tyrie*

GOFFSTOWN

Kanta Connie Bousquet*
Lee Chaffee**

Addie Ann Lambarth

Lowell Von Ruden**

Jeannine & Patrick Tucker

HENNIKER

Susan Ruggles*

MANCHESTER

Jesse Butler
Brian Dresser
Anne Window

NEW BOSTON

Bill Gould & Marie Stanger
Chris Lippincott & James & Joyce Smith
Marjorie Murphy
New Boston Dental Care, PLLC**
John & Mary Reeves
Cindy & Anthony Roberts
Pam Ryan

WEARE

Andy & Wendy Fulton
Shirley James
John & Anne McCausland***
Robert Nasinka*
Michael Palmer **
Wilfred & Phyllis Townsend

OTHER NH TOWNS

Priscilla & Terje Reinertsen, Contoocook*
Randolph Roody, Bedford*
Caroline Robinson, Stratham***
Michael Amaral & Laurie Terwilliger, Warner

OTHER STATES

Ellen Hill, Rockford, IL
Chester Masel, Everett, MA
Marty Milkovic & Beth Bauer, Coventry, CT
Tim Taylor & Diana Cooke, Guilford, CT***

UNDESIGNATED GIFTS

Marilyn Greenhalge
Addie Ann Lambarth
Hunter Manson

ANNUAL FUND

Paul J. Livingston

MATCHING GIFTS

Thank you to Jonathan Dowst and Mike Boyko who doubled their Annual Fund gifts through their employers' matching gift programs (Bank of America and Verizon) Many companies offer to match employee contributions to nonprofit organizations like the PWA. Does yours?

* Contributing Member (\$50)

** Supporting Member (\$100)

*** Guardian Member (\$250+)

Help protect the places you cherish. Renew or make a gift at www.pwa-nh.org.



Retail Farms, CSAs, and Farmers' Markets in Watershed Towns

	WHAT	WHEN	WHERE	CONTACT
Berry Good Farm	Berry picking	Seasonally	234 Parker Rd Goffstown	497-8138
Rose Mountain Farm	Berry picking	Seasonally	400 New Boston Rd Greenfield	Iain Guthrie & Julia Reed Apple Barn 487-3460
Twist of Fate Farm	Naturally grown meats, dairy, eggs, maple syrup	Tue -Fri, 1-6 Sat, 10-5 Sun, 10-3	1220 Black Brook Rd Dunbarton	Jennifer Lamper 774-5150 www.localharvest.org/farms/M14990
Shirley Farm	Certified organic CSA farm; vegetables, herbs, fruit, flowers	June -Oct	106 Shirley Hill Rd Goffstown	497-3737 www.shirleyfarm.com
Winrose Farm	Poultry and pork	Year round	103 Greenfield Rd Francestown	Bob & Ruth Jennings 547-3390, www.winrosefarm.com
Maple Lane Farm	Pumpkins, gourds, and vegetables	Sept -Oct weekends	Center Rd Lyndeborough	654-5362
Mapadot Orchard	Apple orchard	Seasonally	Route 13 New Boston	487-5521
Middle Branch Farm	Certified organic CSA farm; vegetables, greens, meat, eggs, apple cider, maple syrup, baked goods		280 Colburn Rd New Boston	Roger Noonan 487-2540 www.localharvest.org/farms/M6928
Good Earth Farm	Certified organic; Pre-ordered garden plants available in May. Part of Local Harvest CSA in Concord –works cooperatively with 8 other farms.		52 Poor Farm Rd Weare	David Trumble & Linda Taylor 529-2170
Yankee Farmer Farmstand	Veggies, melons, pumpkins Pumpkin Trebuchet on weekends mid-Sept thru Oct	May-Oct	171 Forest Rd Route 31 Greenfield	Siegars Family 547-6421
Henniker Farmers' Market	Farmers' Market	July-Oct Wed 3 -6	Community Park Main St, Henniker	Liane Tyrrel, 428-7490 www.hennikerfarmersmarket.us
Manchester Farmers' Market	Farmers' Market	June -Oct Thur 3 -6:30	Victory Park Concord and Pine St Manchester	Charlie Reid at Intown Manchester 645-6285
New Boston Farmers' Market	Farmers' Market	June -Oct Mon 3:30 -6:30	Hillsboro County 4H Fairground, Route 13, New Boston	487-3557
Weare Farmers' Market	Farmers' Market	July 13 - Sept Fri 3:30 - 6:30	Weare Center	Jan Chartier 529-7838

We realize that this is not an exhaustive list. If you know of any other farms or farmers' markets in the area, let us know!

Address Service Requested



Keeping Track Autumn Schedule

Come join us for an opportunity to discover who else lives in the watershed! Novices are *always* welcome.

Saturday, September 15 ~ Wilson Hill, New Boston
Call Ken at 487-5114

Sunday, October 14 ~ Bullard Hill, Frankestown
Call Gordon at 487-2994

Sunday, October 14 ~ Frankestown/New Boston
Call Margaret at 774-7120

Dates are subject to change. Call leaders to confirm.

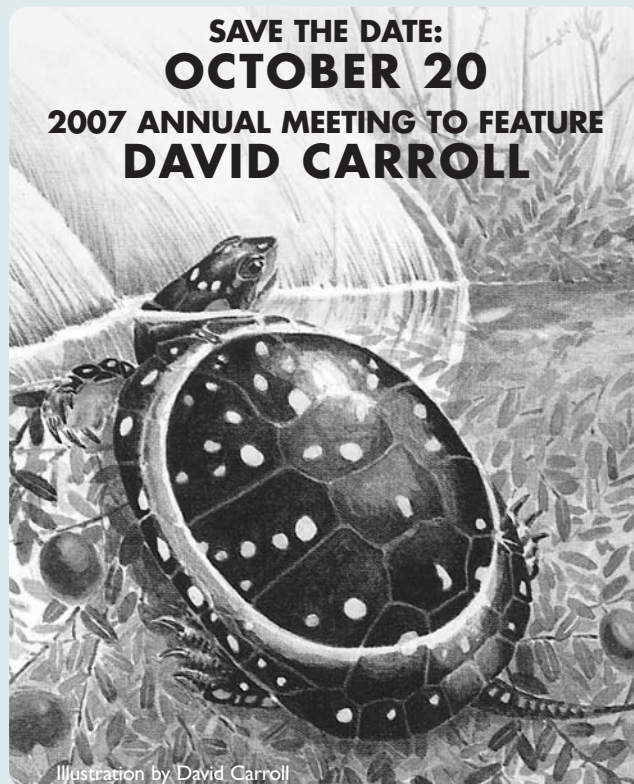
July / August 2007 Volume 19, No.4

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PWA's 37th annual meeting will feature author, illustrator, naturalist, and long-time friend of the PWA, David Carroll. In 2006 David was awarded a MacArthur Foundation "genius grant."

More information will follow, but mark your calendar now!